



Practice 101

Follow these steps every time you practice!

STEP 1	LONG TONES	<p>Open strings- AAAA DDDD GGGG DDAA DADG</p> <p>4 Beat Patterns- D E F#F#, GF#ED, DEGF#, AABB, ABC#C#, DC#BA etc</p>
STEP 2	SCALE THAT MATCHES ASSIGNED SONG # 1	<p>D Scale (2 sharps) B minor G Scale (1 sharp) E minor C Scale (No sharps) A minor</p> <p>Are you working on Slurs? Hooked bows? Staccato? Dynamics? #Tempo? Bonus points for appropriate shifting and/or use of 4th finger</p>
Step 3	ASSIGNED SONG #1	<p>ALWAYS COUNT BEFORE YOU PLAY</p> <p>Find the CKT (Clef, Key Signature and Time Signature)</p> <p>If the top number is 4 say 1 2 3 4 1 2 REA-DY SAY/PLAY/SLAY</p> <p>If the top number is 3 say 1 2 3 REA-DY SAY/PLAY/SLAY</p> <p>Pick a small portion and SAY the names of the notes. SAY AND PLAY small portion slowly PLAY several times</p>
Step 4	REPEAT STEPS 2 & 3 FOR MORE ASSIGNED SONGS	Scale & Assigned song in small portions
Step 5	PLAY SOMETHING YOU LOVE TO PLAY!	<p>Something from a past concert Something you already practiced today Something from the YouTube videos Something you made up</p>
Step 6	LOG YOUR PRACTICE	www.mrsradspinner.com

*Use Cello Drones to help with playing in tune. (On the webpage!)

#Use the Pro Metronome app to help with tempo.